

10

[AFS202] The calories contained in one pint of cow's milk is about ----- of the milk composition
10 to 20%

[AFS202] Vitamin C can majorly be sourced from
Citrus

[AFS202] Vegetables and fruits majorly give ----- to the body
Vitamins

[AFS202] Mammal's milk contain all -----
Essential nutrients

[AFS202] ----- is an excellent source of calcium
Figs

[AFS202] Milk constitutes about ----- of the complete meal of each species of animal's young one
90%

[AFS202] ----- is a major composition of dried fruits
Iron

[AFS202] Breast feeding is highly recommended for nursing mothers because it helps to -----
It builds immunity in the baby

[AFS202] As a dietician, someone having difficulty in digestion of food is advised to take more of -----
Vegetables and frits

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