



NATIONAL OPEN UNIVERSITY OF NIGERIA
University Village, Nnamdi Azikiwe Express Way, Jabi, Abuja
April 2019 Examination

Programme: B.Sc. Public Health
Course Code: PHS505
Course Title: Community Mental Health
Course Credit Units: 3 Units
Time Allowed: 2 Hours
Total Mark: 70 Marks
Instruction: Answer All the Questions

Question 1

- 1a: Define the term 'Schizophrenia' (5 marks)
- 1b: Explain with examples the features of the following sub-types of Schizophrenia:
- i. Paranoid Schizophrenia (5 marks)
 - ii. Hebephrenic Schizophrenia (5 marks)
 - iii. Catatonic Schizophrenia (5 marks)
- Total: 20 Marks**

Question 2

- a. What do you understand by the term 'Alcoholism'? (4 marks)
 - b. List and explain four (4) types of Alcoholism (8 marks)
 - c. List and explain the four (4) stages of Alcoholism (8 marks)
- Total: 20 Marks**

Question 3

- a. Define the concept of 'Behaviour Therapy' (3 marks).
 - b. List five (5) assumptions of Behaviour Therapy (5 marks).
 - c. Explain with examples, the features of 'Systematic Desensitization' (10 marks).
- Total: 18 marks**

Question 4

- a. Define 'Grief' (2 marks)
 - b. Explain five (5) stages of grief (10 marks)
- Total: 12 Marks**