



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**FACULTY OF HEALTH SCIENCES**  
**APRIL 2019 EXAMINATION**

**Course Code: PHS422**

**Course Title: Clinical Skills I and II**

**Course Credit Units: 2 Units**

**Total Marks: 70 Marks**

**Time Allowed: 2 Hours**

**Instruction: Answer All the Questions**

1. (a) A 12-year –old boy suddenly fell into the gutter, sustaining a wound on his left leg in the process, and swallowing the contents of the gutter.
    - (i) What are the materials you will need for dressing his wounds? **(2 marks)**
    - (ii) What are the procedures you will follow to dress the wounds? **(8 marks)**
  - (b) Describe the procedure for oral toileting. **(7 marks)**
  - (c) List the materials you will need for oral toileting. **(3 marks)**
  - (d) What do you understand by vital signs? **(2 marks)**
  - (e) List the components of vital signs. **(4 marks)**
  - (f) Mention four areas in the body where the body temperature can be taken. **(4 marks)**
  - (g) Write short notes on the following:
    - (i) Ante-natal and birth history. **(5 marks)**
    - (ii) Mental and developmental history. **(5 marks)**
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2. A child was rushed into your clinic looking dehydrated and malnourished:
    - (a) Describe how you can assess a child's nutritional status using the Shakir's strip. **(5 marks)**
    - (b) List the materials you will need when you want to measure the mid upper-arm circumference. **(2 marks)**
    - (c) What is the nutritional status of a child if the mid upper-arm circumference of the child is 13cm? **(1 mark)**
    - (d) What is the nutritional status of a child if the mid upper-arm circumference of the child is 7.5cm? **(1 mark)**
    - (e) What is the normal mid upper-arm circumference for a child with a normal nutritional status? **(1 mark)**

3. A 2-year-old child has been passing loose stools of more than three times a day for two days:
- (a) Which solution will you prepare to prevent dehydration? **(1 mark)**
  - (b) List the materials you will need to prepare the solution. **(9 marks)**
  - (c) How is the solution prepared? **(10 marks)**