



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT

Faculty of Health Sciences

January, 2018

Programme: Bachelor of Nursing Science

Course Code: NSS511

Course Credit Unit: 3

Course Title – Gerontological Nursing

Time Allowed: 2 hours

Total Score: 70 marks

Instruction: Answer question All questions

1a. Many academic disciplines have given many definitions to ageing.

i. Give the Biological, Functional, Psychological and Sociological definitions of aging

4marks

ii. Discuss 2 types of Biological and Sociological theories of Ageing

8 marks

1b. Infection Control in the Home Care of the Elderly is a critical issue considering the reduction in the immune level.

Enumerate eight of the universal precautions recommendations that can prevent the spread of droplet, direct or indirect contact and true air-borne transmission of infectious diseases among the elderly.

8 marks

2a. Discuss the typical characteristics of the elderly that must be explained to the family members

5 marks

2b. Describe the roles of the Nurse in:

i. The Institutional Care of the Elderly

10 marks

ii. The Home Care of the Elderly

5 marks

iii. The Rehabilitation of the Elderly

5 marks

3a. Write short note on these commonest diseases of the musculoskeletal system in the elderly:

(i) Osteoporosis

(ii) Degenerative joint disease

4 marks each

3b. Briefly discuss five Special Considerations in Drug Administration in the Elderly

10 marks

3c. Enumerate general guidelines that will help to ensure that elderly adults receive the maximum therapeutic benefit and avoid adverse reactions, accidental overdose, and harmful changes in effectiveness

7 marks