



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT

Faculty of Health Sciences

Department of Nursing Sciences

April 2019 Examination

Programme: Bachelor of Nursing Science

Course Code: NSS402

Course Title: Mental Health and Psychiatry II

Course Credit Units: 4 Units

Time Allowed: 2 ½ Hours

Total Marks: 70 Marks

Instruction: Answer All the Questions

Question 1

Schizophrenia is the most chronic form of mental illness with bias of unpredictability. Based on your knowledge of the illness;

- a. Differentiate positive and negative signs of schizophrenia (5 marks)
- b. Explain the 5 Bleuler's A of schizophrenia symptoms (10 marks)
- c. Describe the management of waxy flexibility under the following headings
 - i. Antipsychotic (5 marks)
 - ii. History taking (5 marks)

Question 2

Crisis has been described as a time of intense difficulty or danger, a time when a difficult or important decision must be made promptly and accurately

- a. Define crisis intervention/ Management. (2 marks)
- b. Identify and discuss briefly eight (8) purposes of crisis intervention (10 marks)
- c. Outline the eight (8) key essential notes for a crisis intervention team (8 marks)
- d. Identify strategies of preventing community riot (5 marks)

Question 3

1. Scientists introduced different therapies in the care of mental illness for milieu of mental health care environment. Explain eight (8) positive mental health habits (20 marks)