



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT

Faculty of Health Sciences

January, 2018

Programme: Bachelor of Nursing Science

Course Code: NSS323

Course Credit Unit: 4

Course Title – Maternal and Child Health Care I

Time Allowed: 2 hours

Total Score: 70 marks

Instruction: Answer ALL questions

QUESTION 1

1. Minor disorders of pregnancy are conditions in pregnancy that are not threat to life but can distress the woman, making life miserable and undermine her health.

a). Discuss the following minor disorders in pregnancy and how you will treat them.

i. Nausea and vomiting – (Morning Sickness)

ii. Backache

iii. Varicosities

iv. Fainting

v. Heart burn

(5 marks each = **25marks**)

QUESTION 2

2. Discuss the following conditions of abnormal puerperium.

a. Puerperal Psychosis

(15 marks)

b. Sub-Involution

(10 marks)

QUESTION 3

3. Circulation of blood differs in in-utero and after birth. Discuss the foetal circulation in detail.

(20 marks)