



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT

Faculty of Health Sciences

Department of Nursing Sciences

April 2019 Examination

Programme: Bachelor of Nursing Science

Course Code: NSS323

Course Title: Maternal and Child Health Nursing I

Course Credit Unit: 4 Units

Total Marks: 70 Marks

Time Allowed: 2 ½ Hours

Instruction: Answer All the Questions

1. Labour is described as the process by which the fetus, placenta and membranes are expelled through the birth canal after 24 weeks of gestation.
 - a. Define the term normal labour **(1 mark)**
 - b. What are the four (4) stages of labour? **(1 mark)**
 - c. Describe in details the physiology of labour **(18 marks)**

2. Mrs. Susan, a 23-year undergraduate reports to your centre with history of amenorrhoea of 8-weeks duration. She claims not to have experienced such delay before since her menstrual cycle has always been regular.
 - a. Mention four (4) causes of amenorrhoea. **(2 marks)**
 - b. What steps would you as a midwife employ to confirm pregnancy? **(3 marks)**
 - c. Outline the benefits of Ante-natal visits to Ada. **(8 marks)**
 - d. Briefly describe six (6) minor disorders you will likely educate her on. **(12 marks)**

3. Miss Akwe, a 17-year-old senior secondary school girl is rushed to the clinic by her mother after she has attempted to abort an 11 week-old pregnancy. Miss Akwe, is bleeding per vagina and complaining of lower abdominal pain, and requires post abortion care (PAC).
- a. Explain the concept post abortion care. **(2 marks)**
 - b. What are the elements of post abortion care? **(10 marks)**
 - c. Outline the principles that support patient's rights in PAC **(3 marks)**
 - d. Describe the midwife's roles in post abortion care **(10 marks)**