



NATIONAL OPEN UNIVERSITY OF NIGERIA  
91, Cadastral Zone, Nnamdi Azikiwe Express Way, Jabi, Abuja  
FACULTY OF HEALTH SCIENCES  
JANUARY-MARCH 2018 EXAMINATION

Programme: HIV/AIDS Education and Management

Course Code: HEM 731

Course Title: **COMMUNICATION AND COUNSELLING IN HIV AIDS**

Credit Unit: 3

Time allowed: 2 Hours

Instruction: **Answer QUESTION 1 AND ANY OTHER TWO QUESTIONS**

Q1. (a) Discuss five basic components and concepts of communication (10 marks)

(b) List ten purpose of communication (10 marks)

(c) Discuss five principles of counseling (10 marks)

Q2.

(a) Discuss five ways of methods of prevention of HIV (10 marks)

(b) Describe five steps in counseling process (10 marks)

Q3.

(a) Discuss how HIV affects the immune system (10 marks)

(b) List and briefly explain five opportunistic infections in a person with AIDS (10 marks)

Q4.

(a) Describe the treatment regimens for STIs using the “4 C” rules (12 marks)

(b) List and briefly explain four types of HIV counseling (8 marks)