



NATIONAL OPEN UNIVERSITY OF NIGERIA

University Village, Plot 91, Cadastral Zone,
Nnamdi Azikiwe Express Way, Jabi, Abuja

FACULTY OF HEALTH SCIENCES

January-March 2018 Examination

Programme: PGD HIV/AIDS EDUCATION AND MANAGEMENT

Course Code: HEM 706

Course Title: **ALCOHOL, DRUGS AND HIV AIDS**

Credit Unit: 3

Time allowed: 2 Hours

Instruction: **ANSWER ALL**

Q1.(a) Write short note on

- i. Alcohol (3 marks)
- ii. Alcoholic (3 marks)
- iii. Alcoholism (4 marks)

(b) List and briefly explain five (5) factors influencing adolescents to take to drinking (10 marks, 2marks each)

(c) List five factors that may influence adolescent boys and girls into smoking cigarette. (5 marks)

(d) List five groups of people that are more at high-risk for HIV/AIDS infection (5 marks)

Q2.(a) List and describe the three (3) ingredients found in tobacco that are injurious to health (6 marks, 2 marks each)

(b) List any four (4) bad effects of cigarette smoking (4 marks)

(c) Describe the specific approaches/ techniques used to help people quit smoking (6 marks)

(d) List any four (4) short-term effects of tobacco use that the most successful technique must focus on (4 marks)

Q3. (a) Write short note on

- i. Drug 1 mark
- ii. Drug user 2 marks
- iii. Drug abuser 2 marks
- iv. Drug addiction 2 marks

(b) List the three main categories of psychoactive drugs with examples (3 marks)

Q4.(a) List any four (4) examples of venereal diseases(2 marks)

(b) List any four (4) minor and two major signs of AIDS (2 marks)

(c) List four (4) high-risk groups for HIV/AIDS (2 marks)

(d) List four of the roles of an HIV/AIDS counselor. (4 marks)