



**National Open University of Nigeria**  
**Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way,**  
**Jabi-Abuja**

**Faculty of Education**

**JANUARY/FEBRUARY, 2017\_2 Examination**

**Course Code: EGC 804**  
**Course Title: Techniques of Counselling**  
**Credit Unit: 2**  
**Time Allowed: 2 Hours.**

**Instruction: Answer question one and any other 2.**

1. (a) Identify and explain areas of counseling services.  
(b) As the head of counselling unit in your School, a group of students approached you to guide them on what it entails to make counselling their future career. Explain to them the characteristics of an effective counselor  
(c) Define the term reinforcement and explain the term value clarification  
(30marks)
2. (a) Mention five social media networks necessary for e-counselling as part of the application of ICT in solving students' problems.  
(b) Discuss five challenges of using ICT in counselling students (20 marks).
3. List and explain any five counselling skills a good counsellor can adopt when counselling in the school environment (20 marks)
- 4 (a) Explain four types of reinforcement in counselling service  
(b) Under what four steps can a school counselor teach his students behavior modification? (20marks)
5. (a) Define the term simulation in counseling  
(b) Discuss the first six stages of counseling relationship (20marks)