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## NATIONAL OPEN UNIVERSITY OF NIGERIA UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA FACULTY OF HEALTH SCIENCES DEPARTMENT OF PUBLIC HEALTH SCIENCE 2021 2 EXAMINATION

COURSE TITLE: MATERNAL AND CHILD HEALTH

COURSE CODE: PHS804 COURSE UNITS: 2Units TIME ALLOWED: 1<sup>1</sup>/<sub>2</sub> Hours

**TOTAL MARKS: 70%** 

**INSTRUCTION:** Answer all the Questions

### QUESTION 1 20marks

- (1a) Define Reproductive Health **2marks**
- (b) Describe the concept and importance of Reproductive Health 8marks
- (cii) List five components of Reproductive Health you know. 5marks
- (cii) According to World Health Organization (WHO), Health indicators are defined as variables which help to measure changes. Based on this description of Health indicators, itemise five Reproductive Health indicators you know.

  5marks

#### QUESTION 2 25marks

- (2a) Write short notes on:
  - (i) "Health Rational" for family planning program in developing countries 5marks
  - (ii) "Demographic Rational" for family planning program in developing countries 5marks
- (2b) Briefly explain the components of Post-abortion care 5marks
- (2c) Describe the steps for effective strategies to achieve safe Motherhood 10marks

#### QUESTION 3 25marks

- (3a) In your own understanding, differentiate between Maternal Mortality Ratio and Rate 5marks
- (3b) Discuss Global Youth Today under "Education" and "Sexuality" 10marks
- (3ci) What are the "Challenges" of Global Youth Today? 5marks
- (3cii) List five Reproductive Health risks and consequences for Adolescents. 5marks