



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2021_2 EXAMINATION_ QUESTIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)

COURSE CODE: NSC 503

COURSE TITLE – ADVANCED MENTAL HEALTH/PSYCHIATRIC NURSING

CREDIT UNITS: 4

TIME ALLOWED: 3 HOURS

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL QUESTIONS

Question 1

Community mental health is essentially a synonym for community psychiatry.

- a. What are the goals of Community Mental Health Nursing 6 marks
- b. Enumerate the attributes of a Community Mental Health/Psychiatric Nurse 8 marks
- c. Describe levels of prevention specific to psychiatry. 6 marks

Question 2

- a. Highlight 10 (ten) roles for nurses working in community mental health services 10 marks
- b. Discuss **Methylphenidate** and **Benzodiazepines**, under the following headings;
 - i. Indications
 - ii. Mechanism of Action
 - iii. Side Effects
 - iv. Nurse's Responsibility 20 marks

Question 3

Discuss group therapy as a method of treatment in mental health and psychiatry under the following headings:

- a. Description
- b. Selection
- c. Advantages
- d. Contraindications
- e. Size
- f. Frequency and Length of Sessions
- g. Approaches to Group Therapy 20 marks