



NATIONAL OPEN UNIVERSITY OF NIGERIA
FACULTY OF EDUCATION
HUMAN KINETICS AND HEALTH EDUCATION DEPARTMENT
2021_2 EXAMINATION

Course Code: KHE 302

Course Title: Officiating in Sports and Games

Course Status: 2C

Time: 2 hours

Instruction: Answer Question ONE and any other Two Questions

- 1a. Vividly explain the concept of Athletics. 3 Marks
- b. Explain the coaching points of starting athletics race under the following headings
- i. On Your Marks
 - ii. Set
 - iii. Go
- Each 2x3=6 Marks
- c. Briefly explain the following types of crouch starts:
- i. Bunch/Bullet start
 - ii. Medium start
 - iii. Elongated start
- Each 2x3=6 Marks
- d. Examine Ten (10) coaching points good running form Each 1x10=10 Marks
- e. List Five (5) officials of Athletics meet Each 1x5=5 Marks
- 2a.** Discuss comprehensively on Artistic Gymnastics 10 Marks
- b. Write Short note on the following
- i. Pommel horse
 - ii. Still rings
 - iii. Vault
 - iv. Parallel bars
- 10 Marks
- 3a. Contemporary volleyball comprises number of attacking techniques. Explain five (5) of these techniques. 2x5=10 Marks
- b. Discuss the functions of the first Referee in the game of volleyball 2x5=10 Marks
- 4a. Critically examine five (5) ways by which batsman can be sent out in the game of cricket 2x5=10 Marks
- b. Explain the following skills in the game of cricket;
- i. Batting
 - ii. Bowling
 - iii. Throwing (Fielding)
 - iv.** Catching with Stopping (Wicket Keeper)
- 2¹/₂ x4=10 Marks