



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91 CADASTRAL ZONE NNAMDI AZIKIWE EXPRESSWAY JABI
FCT ABUJA
FACULTY OF EDUCATION
2021_2 EXAMINATION

COURSE CODE: EGC 804

CREDIT UNIT: 2

COURSE TITLE: TECHNIQUES OF COUNSELLING

TIME ALLOWED: 2 HOURS

Attempt THREE Questions in all. Attempt question 1 and any other 2 questions.

Question 1

- A. There are basic steps involved in the application of counselling techniques towards developing the skills in the training counsellors. Outline and explain them (20 Marks)
 - B. In your own words, explain with examples the following counseling terms:- Behavior contract technique and verbal tracking skill. (10Marks)
- Total =30Marks

Question 2

There are many challenges and problems that professional counsellors encounter in spite of the fact that counselling techniques are very useful. Discuss these problems and challenges. (20marks)

Question 3

- i) Identify the last two stages of a counselling process and differentiate them. (6marks)
 - ii) Contrast verbal and non-verbal technique used by counsellors (4marks)
- B. i) List six ways in which counseling techniques are useful to counsellors (6marks)
- ii) Identify four advantages of using ICT as a technique in counselling. (4marks)

Total =20 marks

Question 4

- A. There are professional ethics that guide any profession. Counsellors in using counselling techniques are required to observe some professional ethics. Discuss ten of these ethics considered when using counselling techniques(20 marks)