



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**University Village, Nnamdi Azikiwe Express Way, Jabi, Abuja**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF PUBLIC HEALTH SCIENCE**  
**SEPTEMBER, 2020\_1**

**COURSE TITLE: Community Mental Health**

**COURSE CODE: PHS505**

**CREDIT UNITS: 3 Units**

**TIME ALLOWED: 2 hours**

**TOTAL MARKS: 70%**

**INSTRUCTION: Answer all questions.**

**QUESTION 1      20 marks**

- 1a. Use some examples and explain what you understand by community mental health? **(5 marks)**
- 1b. List five (5) attributes of a community mental health practitioner. **(5 marks)**
- 1c. Explain with relevant examples five (5) goals of community mental health nursing. **(10 marks)**

**QUESTION 2      20 marks**

- 2a. Define Schizophrenia. **(2 marks)**
- 2b. Explain with examples the features of the positive and negative symptoms of schizophrenia. **(10 marks)**
- 2c. Explain, with relevant examples the meaning of the following four (4) thought and speech disorders commonly encountered in schizophrenic patients
  - i. Delusions of grandeur **(2 marks)**
  - ii. Delusions of reference **(2 marks)**
  - iii. Delusions of control **(2 marks)**
  - iv. Over inclusion **(2 marks)**

**QUESTION 3      15 marks**

- 3a. Explain what you understand by the term “withdrawn behavior?” **(5 marks)**
- 3b. Describe five (5) characteristics of “withdrawn behavior.” **(10 marks)**

**QUESTION 4      15 marks**

Briefly describe the assumptions of the following theories as regards to Anxiety Disorder

- 4a. Psychodynamic theory **(5 marks)**
- 4b. Learning theory **(5 marks)**
- 4c. Cognitive theory **(5 marks)**