



NATIONAL OPEN UNIVERSITY OF NIGERIA...
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
EXAMINATION QUESTION 2020_2

COURSE TITLE: Community Mental Health
COURSE CODE: PHS 505
COURSE UNIT: 3 Units
TIME ALLOWED: 2 hours
TOTAL MARKS: 70%

INSTRUCTION: Answer all questions

Question 1 20 Marks

- 1a) Describe the concept of “Therapeutic community” *(5 marks)*
- 1b) Explain five (5) objectives of “Therapeutic community” *(5 marks)*
- 1c) List and explain five (5) advantages and five (5) disadvantages of “Therapeutic community” *(10 marks)*

Question 2 20 Marks

- 2a) Kubler-Ross in 1969, having done extensive research with terminally ill patients identified several stages of grief that individuals experience in their response to real, perceived or anticipated loss. Identify the stages of grief and examine each with relevant examples *(15 marks)*
- 2b) Identify and explain two (2) types of maladaptive grief response *(5 marks)*

Question 3 15 Marks

- 3a) Rehabilitation, which is defined as a process of restoration of the function of the mind or body, is most effective when it utilizes the ‘team approach’ method. List 10 team members that are expected to be part of a drug addiction rehabilitation exercise *(5 marks)*
- 3b) Examine with relevant examples the role of a Public Health Practitioner as member of rehabilitation team *(10 marks)*

Question 4 15 Marks

- Discuss with relevant examples the components of the following therapeutic modalities.
- a) Abreaction Therapy *(7 ½ marks)*
 - b) Systematic Desensitization *(7 ½ marks)*