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NATIONALOPENUNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, NnamdiAzikiwe Expressway, University Village, Jabi-Abuja 2020 1 EXAMINATIONS

COURSE CODE: NSC509 COURSE CODE: GERONTOLOGY NURSING INSTRUCTION; ANSWER ALL

UNIT: 3 TIME; 2hours

(1a) Due to individual differences in aging, there is variation in definition of aging. Define aging according to Biological aging (2marks)

- (1b) Use any two (2) biological theories of aging to explain the process of aging. (8marks)
- (1c) Discuss the infection control methods in care of elderly (15marks)
- (2a) Explain the roles of a nurse in home care of an elderly (10marks)
- (2b) Describe the characteristic of elderly that complicate geriatric care. (10 marks)

(3) As a nurse caring for elderly (a) State conditions that will be present for you to make this nursing diagnosis "Care Giver Role Strain" (10marks)

- (b) Describe your nursing intervention for an elderly that has "Care Giver Role Strain" (5marks)
- (3b) Explain the guidelines you will follow when planning meals for elderly (10marks)