



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, NnamdiAzikiwe Expressway, University Village, Jabi-Abuja

NATIONAL OPEN UNIVERSITY OF NIGERIA

DEPARTMENT OF NURSING SCIENCE

SEPTEMBER, 2020_1

COURSE CODE: NSC 309

COURSE TITLE: MATERNAL & CHILD HEALTH NURSING 1

INSTRUCTION: ANSWER ALL TIME: 2 HOURS

1. With the aid of a large well labelled diagram describe the ovary

Diagram	-	(1mk)	
Labeling	-	(2mks)	Total= 8mks
Description	-	(5mks)	
- b. Describe the process of fertilization (4mks)
- c. List the causes of infertility in the:
 - i. Male
 - ii. Female (2mks each)
- d. Explain the outcomes of ectopic pregnancy (4mks)
2. To minimize the risk of maternal trauma and a safe delivery of the baby, episiotomy is given to the woman.
 - a. Define episiotomy? (2mks)
 - b. List six (6) indications for episiotomy (3mks)
 - c. Describe the four (4) types of episiotomy (12mks)
 - d. Mention six (6) advantages of giving episiotomy (3mks)
3. Every year, half a million women die of problems from pregnancy, childbirth, and unsafe abortion. Most of these deaths could be prevented by family planning.
 - a. Explain the concept of family planning? (5mks)

- b. Describe the benefits of family planning? (5mks)
 - c. Discuss the common side effects of and warning signs for problems with combined pills (10mks)
4. Mrs. Edet, Gravida 1 Para 0 has been in labour for the past 10hours. On vaginal examination, the cervical os is fully dilated, the head is crowned and the perineum distended.
- a. Describe the four (4) stages of labour (10mks)