



NATIONAL OPEN UNIVERSITY OF NIGERIA

UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF NURSING SCIENCES

2020_2 Examination

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)

COURSE CODE: NSC309

COURSE TITLE – MATERNAL & CHILD HEALTH NURSING 1

CREDIT UNITS: 4

TIME ALLOWED: 3 HOURS

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

Mrs Ibe, a 30-year-old G₂P₁ was admitted into labour ward at 40 weeks gestation with a history of regular strong uterine contractions and the urge to bear-down. On inspection, the presenting part of the fetus is visible at the vulva and the anus is gaping.

What is the possible diagnosis of Mrs Ibe?

(1 mark)

Describe the normal physiology of this stage of labour

(10 marks)

Describe the active management of Mrs Ibe during this stage of labour

(10 marks)

Outline four advantages of colostrum to the newborn

(4 marks)

Question 2

Miss Edet, a 12-year old JSS 2 student reports at the school clinic complaining of pain in the lower abdomen and vaginal bleeding which she is experiencing for the first time. As the school Health Nurse, you are expected to allay her fears and educate her on this situation

What is the term used to describe Miss Edet's situation?

(2 marks)

With the aid of a well labelled diagram, describe menstrual cycle

Diagram - 2 marks

Labelling - 2 marks

Description - 6 marks

(Total= 10 marks)

Mention four (4) menstrual disorders and briefly outline their management **(10 marks)**

Briefly counsel Miss Edet on how to maintain good health and personal hygiene during her subsequent monthly cycles **(3 marks)**

Question 3

Mrs Ayo, a 28-year-old multipara reported at the family planning clinic for the first time. After counseling she chose the oral contraceptive method.

List ten (10) advantages of family planning

(5 marks)

Outline six (6) absolute contra-indication for taking "Pill"

(3 marks)

Enumerate six (6) minor complaints of client on pill

(3 marks)

Educate Mrs. Ayo on how to use the pill

(9 marks)