



**NATIONAL OPEN UNIVERSITY OF NIGERIA<sup>1234</sup>**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**

**2020\_2 Examination**

**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)**

**COURSE CODE: NSC301**

**COURSE TITLE – HUMAN BEHAVIOUR IN HEALTH AND ILLNESS**

**CREDIT UNITS: 2**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

The term behaviour generally refers to the actions or reactions of a person or animal or plant in response to external or internal stimuli.

(a) Discuss three principles of human behaviour **9 marks**

(b) Briefly explain the common perspectives of illness **9 marks**

(c) Describe the following terms

- Illness
- Disease

**6 marks**

(d) Enumerate the components of illness dynamics under the three major categories

**6 marks**

**Question 2**

Human behaviour has observable demonstration of skills and characteristics as well as definitive expression of such characteristics.

(a) Describe ten (10) Features of Human Behaviour **15 marks**

(b) Describe the following concepts:

- i. Transmission of Disease
- ii. Social Significance of Disease

**(5 marks)**

**Question 3**

The perspectives of an individual about their health can be grouped into **Holistic, positive and negative dimensions.**

(a) Explain each of these perspectives **6 marks**

(b) Identify at least **one (1)** advantage and **one (1)** disadvantages of each of these perspectives of health. **6 marks**

(c) Define Acute and chronic illnesses **2 marks**

(d) Enumerate six (6) types each of chronic and acute illnesses **6 marks**