



NATIONAL OPEN UNIVERSITY OF NIGERIA
University Village, Nnamdi Azikiwe Express Way, Jabi, Abuja
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
EXAMINATION QUESTIONS 2021_1

COURSE TITLE: School Health (PHS821)

CREDIT UNIT: 2 Units

TOTAL SCORE: 70 Marks

TIME ALLOWED: 1½ Hours

INSTRUCTION: Answer All Questions

QUESTION 1 25 Marks

The school setting provides unique platform to foster good health for school members as well as for community members.

- 1a. Briefly describe the concept of School health program **(7 marks)**
- 1b. Explain five (5) links between health and education which serves as rationale for School health programme as proposed by the Education for All Framework (2000) **(10 marks)**
- 1c. Identify the components of a comprehensive School health programme. **(8 marks)**

QUESTION 2 25 Marks

Nigerian National School Health Policy is thus aimed at realizing the objectives of Education for All (EFA) and Health for All (HFA) using the School health programme.

- 2a. Briefly describe the objectives of the Nigerian National School Health Policy. **(7 marks)**
- 2b. Briefly discuss four (4) initiatives for realizing objectives of School health programme in Nigeria **(10 marks)**
- 2c. Briefly discuss 4 personnel for school health programme administration in Nigeria **(8 marks)**

QUESTION 3 20 Marks

Health Education is an effective strategy towards empowering young people to developing positive health behaviour.

- 3a. State five (5) objectives of skill-based Health Education in Nigeria **(5 marks)**
- 3b. Mention five (5) learning principles in skill-based Health Education. **(5 marks)**
- 3c. Discuss five (5) factors necessary for effective teaching of skill-based Health Education . **(10 marks)**