



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
EXAMINATION QUESTIONS 2021_1

COURSE TITLE: REPRODUCTIVE AND ADOLESCENT HEALTH

COURSE CODE: PHS401

COURSE UNITS: 3 Units

TIME ALLOWED: 2 Hours

TOTAL MARKS: 70%

INSTRUCTION: Answer all the Questions

QUESTION 1 20marks

(1a) Explain “**Menarche**” and the associated body changes it brings about. **10marks**

(b) Carefully describe the “**Embryonic stage**” of a baby **10marks.**

QUESTION 2 15 marks

(2a) Explain the phrase “**Congenital abnormalities**” **5marks**

(b) Write short note on:

(i) Probable sign of Pregnancy **5marks**

(ii) Positive sign of Pregnancy **5marks**

QUESTION 3 20 marks

(a) Hormones are chemicals produced by the body that cause changes in certain body tissues during pregnancy . With reference to the above statement, discuss the the “**Renal system**” changes in pregnancy. **10marks**

(b) Based on the statement of fact made in (3a) , discuss **Respiratory system**” changes in pregnancy. **10marks.**

QUESTION 4

15 marks

(4) Write short notes on the following components of a first antenatal visit for safe delivery of a Baby.

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|-------|------------------------|---------------|
| (i) | Nutritional assessment | 5marks |
| (ii) | Family medical history | 5marks |
| (iii) | Obstetrical history | 5marks |