

FBQ1: A person who isn't mentally fit could not learn something new at a pace in which an ordinary normal person learns. True OR False \_\_\_\_\_  
Answer: \*True\*

FBQ2: \_\_\_\_\_ is the ability to make and maintain acceptable interaction with other people  
Answer: \*Social health\*

FBQ3: \_\_\_\_\_ is the ability of expressing emotions in the appropriate way  
Answer: \*Emotional health\*

FBQ4: Emotional health is not related to mental health True OR false \_\_\_\_\_  
Answer: \*False\*

FBQ5: \_\_\_\_\_ is the science and art of preventing diseases, prolonging life, promoting health and efficiencies through organized community effort  
Answer: \*Public Health\*

FBQ6: Public health involves both \_\_\_\_\_ and \_\_\_\_\_ approaches  
Answer: \*direct and indirect\*

FBQ7: \_\_\_\_\_ is a guiding concept involving activities intended to enhance individual community health and well-being.  
Answer: \*Health promotion\*

FBQ8: \_\_\_\_\_ refers to the goals of medicine that are to promote, to preserve, and to restore health when it is impaired, and to minimize suffering and distress  
Answer: \*Prevention\*

FBQ9: Immunization or cessations of smoking are examples of \_\_\_\_\_  
Answer: \*Primary prevention\*

FBQ10: Providing a wheelchair, special toilet facilities, doors, ramps, and transportation services for paraplegics are often the most vital factors for \_\_\_\_\_  
Answer: \*Rehabilitation\*

FBQ11: The process of restoring a person's social identity by repossession of his/her normal roles and functions in society is referred to as \_\_\_\_\_  
Answer: \*Rehabilitation\*

FBQ12: \_\_\_\_\_ is a service that provides information and advice about genetic conditions  
Answer: \*Genetic counselling\*

FBQ13: \_\_\_\_\_ is the process of manually adding new DNA to an organism  
Answer: \*Genetic engineering\*

FBQ14: \_\_\_\_\_ works by physically removing a gene from one organism and inserting it into another, giving it the ability to express the trait encoded by that gene

Answer: \*Genetic engineering\*

FBQ15: All that which is external to the individual human host is referred to as environment. True OR False

Answer: \*True\*

FBQ16: Culture is not one of the determinants of health among the environmental factors. True OR False \_\_\_\_\_

Answer: \*False\*

FBQ17: \_\_\_\_\_ refers to those interventions that take place in a hospital setting such as intravenous rehydration or surgery

Answer: \*Tertiary healthcare\*

FBQ18: Department of Primary Health Care and Disease control is one of the \_\_\_\_ of the Federal Ministry of Health

Answer: \*Departments\*

FBQ19: The \_\_\_\_\_ is referred to as the chairman of The National Council of Health

Answer: \*Honourable Minister of Health\*

FBQ20: To establish one primary health center for every 30,000 rural populations is one of the steps to implement the strategies outlined in \_\_\_\_\_

Answer: \*National Health Policy\*

FBQ21: The 774 Local Government Areas in Nigeria have various health facilities operating under the hinges of \_\_\_\_\_

Answer: \*Chairmen\*

FBQ22: In the Local Government Area \_\_\_\_\_ are appointed to oversee various aspects of Local Government activities, including Health and Social Services.

Answer: \*Supervisory councillors\*

FBQ23: In the Local Government Area, department is always headed by a \_\_\_\_\_

Answer: \*Primary Health Care Coordinator\*

FBQ24: The \_\_\_\_\_ coordinates the activities of the health facilities providing manpower, funds, logistics

Answer: \*Local Government Headquarters\*

BQ25: To train traditional birth attendants (TBA) in each village is included in the \_\_\_\_\_

Answer: \*National Health Policy\*

FBQ26: Reduction of existing imbalance in health services by concentrating more on the rural health infrastructure is one of the Key elements of \_\_\_\_\_

Answer: \*health policy in Nigeria\*

FBQ27: Which country recorded delay in Vaccine supplies during the resurgence period?

Answer: \*Nigeria\*

FBQ28: Which head of state announced the Basic Health Service Scheme (BHSS) as part of the Third National Development Plan?

Answer: \*Lt Col Yakubu Gowon\*

FBQ29: In which year was the Basic Health Service Scheme (BHSS) announced as part of the Third National Development Plan

Answer: \*1975\*

FBQ30: The World Health Organization's (WHO's) standard ratio of doctor to population gave an important place to establishment of \_\_\_\_\_ and development of health manpower.

Answer: \*medical institutions\*

FBQ31: The health system should encompass the entire population on the basis of equality and responsibility. True OR False \_\_\_\_\_

Answer: \*True\*

FBQ32: The health system aims at delivering the health services to the \_\_\_\_\_

Answer: \*Beneficiaries\*

FBQ33: Biostatistics is a branch of public health. True OR. False

Answer: \*True\*

FBQ34: Well child visit is not preventive medicine. True OR False

Answer: \*False\*

FBQ35: The 1993 World Conference on Human Rights took place at \_\_\_\_\_

Answer: \*Austria\*

FBQ36: Nigeria health sector in 1960 was more \_\_\_\_\_ oriented

Answer: \*Clinically\*

FBQ37: Diphtheria and tetanus organism were discovered in the year \_\_\_\_

Answer: \*1884\*

FBQ38: Correcting the imbalance in location and distribution of health institutions is one of the objectives of \_\_\_\_\_

Answer: \*BHSS\*

FBQ39: Establishing a health care system best adapted to the local conditions and to the level of health technology is among the objectives of \_\_\_\_\_

Answer: \*Basic Health Service Scheme\*

FBQ40: State the World Health Organization's (WHO's) standard of doctor to

population ratio \_\_\_\_\_

Answer: \*1 doctor to 10,000 population ratio\*

FBQ41: What is the full meaning of EPI \_\_\_\_\_

Answer: \*Expanded Programme on Immunization\*

FBQ42: \_\_\_\_\_ was adopted as a corner stone for achieving health for all following Alma ata declaration

Answer: \*Primary health care\*

FBQ43: The National health philosophy was founded on the underlying principle of \_\_\_\_\_ and \_\_\_\_\_

Answer: \*social justice and equity\*

FBQ44: The national health care delivery system is built on the basis of the \_\_\_\_\_ responsibilities

Answer: \*\*three tier\*

FBQ45: One of the persist problems of the Primary Health Care system is proportionally high investment in curative to the detriment of \_\_\_\_\_ services

Answer: \*Preventive\*

FBQ46: Strengthening local government capacity in public health management is one of the \_\_\_\_\_ health policy strategy

Answer: \*National Economic Empowerment Development Strategy\*

FBQ47: One of the missions of the \_\_\_\_\_ reform is to strengthen the national health system and improve its management

Answer: \*Health system\*

FBQ48: Primary Health Care is a shift towards the front-line of day-to-day activities carried out within the community. True OR False

Answer: \*True\*

FBQ49: Establishment of National Blood transfusion system is among the \_\_\_\_\_ health policy strategy

Answer: \*National Economic Empowerment Development Strategy\*

FBQ50: The federal government launched its Primary Health Care plan following prevailing \_\_\_\_\_ and \_\_\_\_\_ in Health care delivery and policies 1987,

Answer: \*weaknesses and deficiencies\*

Multiple Choice Questions (MCQs):

MCQ1: Pertussis vaccine was developed in which year \_\_\_\_\_

Answer: 1825

MCQ2: In \_\_\_\_\_ Florence Nightingale introduced modern nursing and hospital reform

Answer: 1854

MCQ3: The following organisms were all identified in 1884 except \_\_\_\_\_

Answer: staphylococcus

MCQ4: In which year was penicillin discovered?

Answer: 1928

MCQ5: When did WHO adopt Health for all by the year 2000?

Answer: 1977

MCQ6: Alma-Ata Conference on Primary Health Care was done in \_\_\_\_\_

Answer: 1977

MCQ7: World Health Organization was founded in \_\_\_\_\_

Answer: 1948

MCQ8: \_\_\_\_\_ is being provided at Teaching and Specialist Hospitals where super specialty services including sophisticated diagnosis, specialized therapeutic are done

Answer: Secondary Health Care

MCQ9: One of the functions of Health care Agencies is to \_\_\_\_\_

Answer: support Nutrition policy

MCQ10: \_\_\_\_\_ are public Health interventions that are designed implemented and evaluated with the participation of the community representatives and with the guidance of experts.

Answer: National based program

MCQ11: Which of these options is not among the community health service?

Answer: prevention of malaria

MCQ12: What is the full Meaning of the acronym "CHEW"?

Answer: Controller of Health Extension Worker

MCQ13: Resources mobilization is among the function of Health care Agencies

Answer: True

MCQ14: The idea of \_\_\_\_\_ in health emerged as a result of concern to encourage local participation in all aspects of development, including health development

Answer: community involvement

MCQ15: The full meaning of "HSEP" is \_\_\_\_\_ sequences

Answer: Health Service Extension package

MCQ16: Participation according to \_\_\_\_\_ is a means of improving the efficiency of their service delivery systems

Answer: Government and development agencies

MCQ17: In a rural development project, participation as a process is a dynamic un-quantifiable and essentially \_\_\_\_\_

Answer: unpredictable element

MCQ18: Participation in rural development may on the other hand be regarded as an end in itself

Answer: False

MCQ19: Eradication of smallpox was declared by which organisation \_\_\_\_\_

Answer: UNICEF

MCQ20: International Convention on the Rights of the Child held in \_\_\_\_\_

Answer: 1986

MCQ21: Which of the following options is among the features of The Great Depression?

Answer: Wide spread economic collapse

MCQ22: \_\_\_\_\_ performed the first successful gene therapy.

Answer: Davidson

MCQ23: \_\_\_\_\_ adopted Health for All in the Twenty-first Century

Answer: UNICEF

MCQ24: The most universal definition of health was submitted by the \_\_\_\_\_ in 1948

Answer: UNICEF

MCQ25: The three specific dimensions of health does not include \_\_\_\_\_

Answer: physical

MCQ26: Which of the options is not among the different perspectives on health?

Answer: Health is viewed as a right

MCQ27: \_\_\_\_\_ is the ability to learn and think clearly and coherently

Answer: Mental health

MCQ28: Direct measures in public health include all except \_\_\_\_\_

Answer: immunization of children

MCQ29: Indirect methods used in public health to protect the individual by community-wide means, include all except \_\_\_\_\_

Answer: raising standards of environmental safety

MCQ30: In public health practice, both direct and indirect approaches are \_\_\_\_\_

Answer: relevant

MCQ31: Health promotion comprise indirect action to risk factors or causes of illness or death

Answer: Partially true

MCQ32: How many levels of prevention do we have?

Answer: one

MCQ33: \_\_\_\_\_ prevention are activities to reduce conditions favourable to the vector or a biological agent, such as mosquito vectors of malaria.Â

Answer: Primary

MCQ34: \_\_\_\_\_ prevention includes steps to isolate cases and treat or immunize contacts to prevent further epidemic outbreaks

Answer: primary

MCQ35: The provision of high quality rehabilitation services in a community should include the following except \_\_\_\_\_

Answer: Conducting a full assessment of people with disabilities and suitable support systems

MCQ36: \_\_\_\_\_ is what we do and how we act.

Answer: Lifestyle

MCQ37: \_\_\_\_\_ is a major determinant of health

Answer: practice

MCQ38: Health can also be a measure of the state of the\_\_\_\_\_, and the ability of the body as a whole to function

Answer: physical skin colour

MCQ39: \_\_\_\_\_ is the inability to learn and think clearly and coherently

Answer: Physical ill-health

MCQ40: Physical health is concerned with \_\_\_\_\_ and physiological functioning of the body

Answer: learning ability

MCQ41: \_\_\_\_\_ means maintaining one's own integrity in the presence of stressful situation such as tension, depression and anxiety

Answer: Mental health

MCQ42: Initiating actions against health hazards, including communication, education and legislation are elements of \_\_\_\_\_

Answer: Health promotion

MCQ43: Based on your knowledge of the levels of preventions in public health; where will you classify immunization and cessation of smoking?

Answer: Primary prevention

MCQ44: Which level of prevention is the best practice?

Answer: Primary prevention

MCQ45: Sleeping under insecticide treated mosquito net is referred to as \_\_\_\_\_

Answer: Primary prevention

MCQ46: Steps taken to isolate cases and treat or immunize contacts to prevent further epidemic outbreaks is referred to as \_\_\_\_

Answer: Primary prevention

MCQ47: Every human being is made of \_\_\_\_\_

Answer: genes

MCQ48: A healthcare professional who is specially trained in the science of human genetics is called \_\_\_\_\_

Answer: a clinical genetics

MCQ49: Those professionals in public health that apply nutrition principles in the treatment and cure of diseases are referred to a \_\_\_\_

Answer: nutritionists

MCQ50: Those professionals in public health that apply nutrition principles in the treatment and cure of diseases are referred to a \_\_\_\_

Answer: nutritionists