



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2021_1 EXAMINATION QUESTIONS ...

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)

COURSE CODE: NSC503

COURSE TITLE – ADVANCED MENTAL HEALTH/PSYCHIATRIC NURSING

CREDIT UNITS: 4

TIME ALLOWED: 3 HOURS

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL QUESTIONS

Question 1

According to Hendricks (1985), certain individuals are more prone to crisis than others.

- i). Define crisis 2 marks
- ii). What are the aims of crisis intervention technique? 2 marks
- iii). As a nurse, discuss the intervention technique you will employ to assist a new parent experiencing crisis 16 marks

Question 2

Highlight five stages of feelings and behaviours that individuals experience in response to a real, perceived or anticipated loss according to Kubler-Ross 10 marks

Question 3

- a). Discuss the following.
 - i. Substance abuse
 - ii. Substance Dependence
 - iii. Multiple Drug Abuse 12 marks
- b). Suggest four methods that you think can effectively combat substance use and addiction 8 marks

Question 4

- a). Explain the following side effects of anti-psychotics:
 - i. Neuroleptic-induced Parkinsonism:
 - ii. Acute dystopia
 - iii. Akathisia
 - iv. Tardive dyskinesia
 - v. Neuroleptic malignant syndrome 10 marks
- b). Itemise your role as a nurse in ECT team **pre, intra and post** ECT procedure 10 marks