



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2021\_1 EXAMINATION QUESTIONS ...**

**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)**

**COURSE CODE: NSC 412**

**COURSE TITLE – MENTAL HEALTH AND PSYCHIATRIC NURSING II**

**CREDIT UNITS: 3**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL QUESTIONS**

1. Having a child diagnosed with mental retardation is a destabilizing factor for the entire family unit:
  - a). Classify mental retardation 4 marks
  - b). what are the specific activities you will employ in the prevention of mental retardation according to levels of prevention by Gerald 1964? 12 marks
  - c). Identify the main elements in a comprehensive service for mentally retarded individuals and their families 4 marks
2. Suicidal attempt is a common psychiatric emergency often seen in clinical practice.
  - a). Describe suicidal attempt 1 mark
  - b). Discuss the **etiology, risk factors** and the **management** of a client with suicidal intentions admitted in your unit under your care. 15 marks
  - c). Highlight 4 other common psychiatric emergency conditions 4 marks
3. It is impossible to ascribe a mental illness to one particular cause and for the most part, a possible aetiology must be recognized.
  - a). Justify heredity as a cause of mental illness 5 marks
  - b). Discuss 3 other ascribed causes of mental illness 15 marks
4. Schizophrenia is the most disabling mental disorder ever known in history.
  - a). Highlight 8 first rank symptoms of schizophrenia according to Schneider. 8 marks
  - b). Enumerate 4 clinical subtypes of Schizophrenia 2 marks