



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2021\_1 EXAMINATION**

**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)**

**COURSE CODE: NSC309**

**COURSE TITLE – MATERNAL AND CHILD HEALTH NURSING I**

**CREDIT UNITS: 3**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL QUESTIONS**

**QUESTION 1**

The primary goals of maternal and child health nursing care are the promotion and maintenance of optimal family health to ensure cycles of optimal childbearing and child-upbringing.

- a. Mention eight (8) philosophies of maternal and child health nursing that help to guide the midwife's professional practice. 4 marks
- b. Using the table below, explain the implication for nurses for each of the social changes that have occurred over the years that have altered health care priorities for maternal and child health. 6 marks

S/N	Social changes	Implication for nurses
1.	Families are smaller than in previous decades	
2.	Single parents are increasing in number	
3.	An increasing number of women work outside the home	
4.	Families are more mobile than previously; there is an increase in the number of homeless women and children	
5.	Abuse is more common than ever before	
6.	Families are more health-conscious than previously	

- c. List and explain four (4) impact of socio-cultural variations on maternal and child health in Nigeria

10 marks

Total: 20 marks

## QUESTION 2

Write short note on the following Organisations and state six functions of each of them:

- |   |         |                |
|---|---------|----------------|
| a. Nursing and Midwifery council of Nigeria | 5 marks |                |
| b. International Council of Nurses          | 5 marks |                |
| c. World Health Organization                | 5 marks |                |
| d. West African College of Nursing          | 5 marks | Total 20 marks |

## QUESTION 3

A 12-year-old female teenage girl came into your facility with complaint of severe abdominal cramp and vagina bleeding. After thorough history taking and physical examination, a diagnosis of menstrual pain was made.

- a. With the aid of a well labeled diagram, describe the anatomy of the uterus. 10marks
- b. Describe the phases of menstrual and ovarian cycle 10 marks

Total: 20 marks

## QUESTION 4

A primi-gravid pregnant woman came to your facility to register for antenatal care. Your ward manager assigned you as the midwife to conduct a pelvic assessment and document your findings.

Explain the pelvic bones and their joints

**10marks**