



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way, Jabi-Abuja.
Faculty of Education..

2021_1 EXAMINATIONS

PROGRAMME: M.Ed. (Guidance and Counselling)
COURSE CODE: EGC 813
COURSE TITLE: GROUP DYNAMICS AND PROCESS IN COUNSELLING
CREDIT UNIT(s): 2
TIME ALLOWED: 2 HOURS
INSTRUCTION: ANSWER QUESTION ONE (1) AND ANY OTHER TWO (2)
QUESTIONS

.....

Question 1

- a. As a student, explain any five (5) reasons why you should form and belong to a study group (**10 marks**).
- b. As a committed member of your study group, discuss any five (5) responsibilities expected of you in the group (10 marks).
- c. Substantiate the Gestalt therapy as a phenomenological-existential therapy (10 marks).

Question 2

- (a). Explain the term *theory* (5marks).
- (b). Justify the place of a theory in group counselling (15 marks).

Question 3

- (a). Define the concept *group guidance* (5 marks).
- (b). Write short note on any three (3) of the following:
 - i. Counselling (5 marks);
 - ii. Guidance (5 marks);
 - iii. Group (5 marks); and
 - iv. Group dynamics (5 marks).

Question 4

As an invited guest in a counselling forum for counsellor trainees, give an elaborate distinction between individual counselling and group counselling (20 marks).