



National Open University of Nigeria
Plot 91 Cadastral Zone, Nnamdi Azikiwe Express Way
Jabi, Abuja

Faculty of Education
2021_1 Examinations

Programme: M.Ed Guidance and Counselling

Course Code: EGC812

Course Title: Behaviour Modification

Time Allowed: 2 Hours

Instruction: Answer Question 1 and any other two questions.

- 1a. Briefly explain the terms i Behaviour ii Behaviour Modification (10 marks)
- b. Mention and explain five ways of forming new behaviours (10 marks)
- c. Explain in detail the Humanistic sociologists' views on Deviant behaviours (10 marks)
2. Discuss in details the following theories of Personality
 - i Skinner's Behaviourism ii Psychoanalytic Theory
 - iii Maslow's Theory iv Allport's Trait Theory (20 marks)
3. If you have a secondary school client that complains of stage fright, Describe the steps you would take to modify his undesirable behaviour (20 marks)
4. Describe in details the following terms
 - a. Psychosurgery b. Catharsis
 - c. Excess behaviour d. Integrative Behavioural Couple Therapy (IBCT)(5 marks each).

